St. Therese Little Flower Parish

5814 Euclid Avenue, Kansas City, Missouri 64130 816-444-5406 Facsimile 816-444-9345 Office hours 9:00 am - 4:00 pm, closed 12-1:00 pm Web Site: www.stlfkc.org

Fr. Stephen M. Cook, Pastor

scook@stlfkc.org

Fr. Bryan Amthor, Associate Pastor

bamthor@stlfkc.org

Mass Schedule

Sunday - 8:00 & 9:15 am Wednesday and Friday (Chapel) 12:00 pm Holy Days - Check Bulletin or Call Office

Sacrament of Reconciliation

Contact Fr. Steve to schedule.

New parishioners are most welcome!

To register, please call the office or talk to Father Steve after Mass.



Parish Staff

Sr. Helen Alder, Parish Nurse 816-942-2746 B.J. Atkinson, Director of Emergency Assistance bjatkinson@stlfkc.org

Tami Chestnut, Gospel Choir Director tchestnut@stlfkc.org

Joni Dugan, Bulletin and Web Administrator jdugan@stlfkc.org

Sr. Helen Flemington, CSJ, Christian Formation Coordinator hflemington@stlfkc.org

Dave Kies, Business Manager dkies@stlfkc.org

Sharon Sanders, Senior Center Director 816-444-3514 ssanders@stlfkc.org

Estelle Tunley, Director of Liturgy and Music etunley@stlfkc.org

Caron Williams, Principal Musician 816-810-1751 cnote1957@gmail.com

Ombudsman: Jennifer Valenti, 816-812-2500

Victims' Advocate: Kathleen Chastain 816-392-0011 chastain@diocesekcsj.org

Baptism: Contact Sr. Helen Flemington

Catechumenate Class: Contact Sr. Helen Flemington or Father Steve Marriage: Preparation begins at least 9 months before the wedding. Contact Father Steve.

Sacrament of Reconciliation: Sundays between the 8:00 am and 9:15 am Masses and anytime by request.

Pastoral Council

- antora coa	11011	
Diana Burdett	816-523-0137	tv9gal@gmail.com
Elliott Clark	Hm 816-523-0705	elliottclark50@att.net
	Cell 816-896-2907	
Andrew Hamline	816-914-6031	ahamline@gmail.com
Alania Davis	816-716-1044	EVRL8@hotmail.com
Father Steve Cook	Cell 816-419-3099	scook@stlfkc.org
Tim Doyle	816-379-0630	romaguy61@yahoo.com
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Roberta Miller	816-686-4406	millerroberta50@gmail.com

Finance Committee

Bridgette Atkinson	816-778-2953	abridgette89@gmail.com
Chester Hishaw	816-564-0513	chester@hishaw.com
Sharon Hardy	816-898-9251	jhardy004@centurytel.net
Walter Hodge	816-444-8614	waltervenita@sbcglobal.net
Carol Johnson	816-769-7534	cjohns1941@gmail.com
Carmen Spencer	816-872-2517	carmenspencer@umb.com
Paul Tancredi	816-861-5648	pmt-lawyer@sbcglobal.net

Anointing of the Sick: Sacrament takes place at seasonal communal celebrations. For individual request contact Father Steve at the parish

Eucharist for the Sick: Contact the parish office.

Credit Union: We are a member parish of Holy Rosary Catholic Credit Union - 816-221-2734

OUR MISSION STATEMENT

tempered by the transitions in our neighborhoods and our church. We do not have one common ethnic, religious, social or economic but that we may become credible and inviting to those seeking Christ background. We do have a common experience of being the diverse but and His Gospel. We answer this calling first, faithfully sharing the complementary members of the one Body of Christ. Because of this common experience, we choose to be St. Therese parish community.

here. This mission must take place both within our faith community and in reaching out to others. We confess the need to become more climate of fellowship for all people.

We, God's people, are a remnant whose faith has been tested and aware of each other and of the Lord calling us to be united in His Spirit.

We will strive to develop this awareness not only for our own sake, Word and breaking Bread together.

We then realize our vocation to affirm each other's gifts, to reach out We choose to use our gifts to build up the Body of Christ incarnate to the poor, to work for justice, to help form young minds and hearts, to acknowledge the place of the elders in our community and to create a

5th Sunday of Ordinary Time

Parish Calendar

Sunday, Feb 4

5th Sunday of Ordinary Time

Mass 8:00 am - St. Therese Parishioners

Rosary 8:45 am - Chapel

Mass 9:15 am - St. Therese Parishioners

Monday, Feb 5

Choir Practice 6:00 pm Church

Wednesday, Feb 7

Mass 12:00 Noon - Chapel

7-8:30pm Knights of Columbus — Hall

Friday, Feb 9

Mass 12:00 Noon - Chapel 5:30-10:30pm Mardi Gras

Hillcrest Country Club 8200Hillcrest Rd

Sunday, Feb 11

6th Sunday of Ordinary Time

Mass 8:00 am - St. Therese Parishioners

Rosary 8:45 am - Chapel

Mass 9:15 am - St. Therese Parishioners

Upcoming Events at St. Therese

Fri. Feb 9 -Mardi Gras Fundraiser
Wed. Feb 14—Ash Wednesday
Mark your calendars and check out the flyers
and other bulletin information for more
details in the coming weeks.

February 4	February 11	
5th Sunday in Ordinary	6th Sunday in Ordinary	
<u>Time</u>	<u>Time</u>	
JB 7: 1-4, 6-7	LV 13: 1-2, 44-46	
Ps 147: 1-2, 3-4, 5-6	Ps 32: 1-2, 5, 11	
I Cor 9: 16-19, 22-23	I Cor 10: 31-11:1	
Mk 1: 29-39	Mk 1: 40-45	



Standing in the Need of Prayer

Bridgette Atkinson Liesa Brown Mary L. Brown Louis Byrd Bishop F. Cheri Lisa Coan Virginia Daub Jo & Jake Davis Carol Dodd Jessie Mae Frazier Joann Freeman Dick Garnier Ashley Johnson Joyce Jones Marty Kata Wenda King
Dave Kist
Keith Kloster
Zach Kloster
Raymond LaNear
Doreen Lacy
Charles Lidge
Stephen Loston
Bob McCombs
Karen McDonald
Helen McVay
Venus Moore
Margaret Mulligan
Joe Nolke

Iness Panni
Judy Rieck
Oden Sainte
Joseppi Sandoval
Lee John Scott
Arthur Shelton
Allen Shelton
David Smith Jr
Jeremiah Smith
Elaine Stevenson
Michael Stevenson
Blanche L. Thomas
Jesse Wilkes
Mildred Wilkes
Antwine Williams

Liturgical Roles

Feb 11, 2018		
	8:00 am Mass	
Lector	Alania Davis, Barbara Davis	
Euch Min	Venita Hodge	
Hospitality	Joseph Alpough, Kenneth Woodard	
Server	Aaryana Preston	
	9:15 am Mass	
Lector	YOUTH	
Euch Min	Mary Sweat	
Hospitality	YOUTH	
Server	Bill Seiter, DeJarne' Cross	

During this difficult Cold and Flu Season, we will receive only the <u>Body of Christ</u> at Communion. We look forward to once again receiving both the Body and Blood of Christ after this highly contagious season.

Reflection from Sr. Helen Flemington

5th Sunday Ordinary Time 2018

In life we are in a kind of a circus act that requires continual balance. Life is often heavy on one side and a few days later life is on the light side. Sometimes we seem to have lost our balance.

When our lives are made up of 99% activity and 1% prayer, we sense that something is not right. In fact, when we are overly active, the little time that we give to prayer is often just prayer on the run. We need the balancing pole of prayer. Without it we are in danger of falling off the high wire, and seriously injuring ourselves on our spiritual journey. My guess is that many people do not even think about this need for balance in their spiritual lives, and yet we should keep holy the Lord's Day. In our age and day, this is forgotten. During this time we are reminded that we are the freed daughters and sons of God. Just as the Israelites were freed from the Egyptians, God has given freedom to us.

Each week we set aside some time when work and money take a back seat to what is at the heart of balance and take a fresh look at life. We know that



the person who walks high about the air on the tightrope needed a lot of practice to attain such a great balance. In our own lives we should try not to be-

come too discouraged when we have to renew our efforts at balance in our own lives. Any attempt we put forth to bring harmony into our lives is well worth the effort.

Photo Credit: https://authorbeckyjohnen.wordpress.com/2014/12/15/making-sure-our-scales-of-life-are-balanced/

Weekly Health Corner



Light Therapy

The right medicine is helpful for certain diseases, but sometimes the right medicine is a dose of bright light. Light therapy is helpful for Depression: SAD (Seasonal affective disorder) which is a form of depression is treated with light

therapy; however it has been helpful in treating non seasonal depression. It works by stimulating the retina which sends signals to the brain which boosts the serotonin (a feel good hormone). Light therapy has been used in clinical trials with Alzheimer's. It was used for 20-25 minutes twice a week over a 12 wk. period and resulted in great improvements in cognitive abilities. Light therapy is being used in sleep disorders by "dawn" stimulation. These special light stimulators turn on 20-30 minutes before waking to the alarm. It helps reestablish healthy sleep cycles. Light and drug therapy has been used for precancerous skin cells and certain skin infections as well.

Weekly Offering	Required Weekly	Actual Weekly Giving
	\$4,019	\$103
		\$2,758
Total Contribution Income		\$2,861
Emergency Assistance		\$750

You can now give automatically via bank draft from your saving or checking account or utilize your debit or credit card. Simply go to our website stlfkc.org and click on *Give* to sign up.

5th Sunday of Ordinary Time

Our community garden has two beds available for rent at \$10.00 for the year. If you have an urge to grow something for yourself and family and give some to the food pantry, let me know. Please call 816-363-7759 in the evening.

Sister Ann Landers



Mardi Gras is the major fundraiser for St. Therese Little Flower Parish. We have a 2018 Goal to raise \$30,000, which helps us offset the loss of revenue from Hogan Prep relocating to another building. This is no small undertaking, but we believe our goal can be met, if each of us contributes, according to our resources. How do we accomplish this goal? We can attend Mardi Gras. We can invite our family and friends to attend. We can make a cash donation or donate items for the auction. We have also reached out to sponsors who are able to support us by sharing significant donations. Please support Mardi Gras, as you are able, and we again will all benefit from the blessings of this loving and generous community.

The Diocese of Kansas City-St. Joseph is committed to combating sexual abuse in the Church. If you are a victim of sexual abuse, or if you observe or suspect sexual abuse: 1. Call the Missouri Child Abuse Hotline at 1-800-392-3738 (if the victim is currently under the age of 18), and 2. Contact your local law enforcement agency or call 911, and 3. After reporting to these civil and law enforcement authorities, report suspected sexual abuse of a minor or vulnerable adult to the Diocesan Ombudsman, Jenifer Valenti, at 816-812-2500 or JeniferValenti@att.net, if the abuse involves a priest, deacon, employee, or volunteer of the Diocese of Kansas City-St. Joseph. The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact Victim Advocate Kathleen Chastain at 816-392-0011 or chastain@diocesekcsj.org



St. Therese Book Club meets on the first and third Thursdays of the month. We are reading:

A Mystical Portrait of Jesus by Demetrius R. Dumm. We will meet in the Living Room on Feb 15 and will discuss Ch 10.

Once again, AIM-VITA, NextStepKC, the United Way and the IRS are sponsoring a Free Tax Preparation program for Low Income Wage Earners and **Retirees.** If your combined family income is less than \$60,000 for 2017 you qualify to have your taxes prepared and electronically filed free of charge. There are many sites throughout the area where you can do this beginning February 1, 2017. One of those sites is right here at St. Therese Little Flower beginning Monday, February 12th. An insert in this week's Parish Bulletin explains what you need to know to either schedule a tax preparation appointment here at St. Therese, or, if you wish, to visit another site to have your taxes prepared. We will prepare taxes this year at St. Therese beginning February 12th. You may schedule an appointment by calling the Parish Office at 816-444-4506. Or, you can have your taxes prepared at any of the other sites shown on the back of the flyer at the times listed. People needing proof of their Social Security or Supplemental Security Income benefits can get verification letters mailed to you by calling toll-free, 1-800-772-1213.

See insert.

2018 Tax Sites

Free tax preparation for most taxpayers!



Drop-Off Only

Guadalupe Center

1512 Van Brunt Blvd., Kansas City, MO 64127

Prosperity Center

5151 Troost, Suite 100, Kansas City, MO 64110

Assisted Tax Preparation

Community Services League - Hawthorne Place

16995 E. Dover Lane, Independence, MO 64056

Community Services League - Independence

404 N. Noland Rd., Independence, MO 64050

Connecting for Good

3210 Michigan Avenue, Kansas City, MO 64109

El Centro Catholic Charities

2220 Central Ave., Kansas City, KS 66102

K-State Extension

11811 S. Sunset Dr., Suite 1500, Olathe, KS 66061

Kansas City Kansas Community College

7250 State Ave., Flint Building, Rm. 3632, Kansas City, KS 66112

Lee's Summit City Hall

220 SE Green Street, Lee's Summit, MO, 64063

MCC Maple Woods

2601 NE Barry Rd, Computing Business Building, Rm109, Kansas City, MO 64156

Operation Breakthrough and Rockhurst

3039 Troost Avenue, Kansas City, MO. 64109

Salvation Army

3013 East 9th Street, Kansas City, MO 64124

UMKC Bloch School

Bloch Heritage Hall, 5110 Cherry St., Bottom Floor, Room 005, Kansas City, MO 64110

All sites are first come, first serve.

Free Tax Preparation

Available to most taxpayers earning \$60,000 or less! Contact United Way 2-1-1 (or 816-474-5112) for more information about eligibility, wait times, temporary locations and weather-related site closures.

For information on dates and times call 2-1-1 or visit NextStepKC.org



What to bring

- A Social Security card or Individual Taxpayer Identification # (ITIN) for each family member
- Valid picture ID (driver's license, state ID, passport, matrícula consular, etc.) for all taxpayers
- W-2 forms for all jobs worked
- · All 1099 forms for other income, if any
- Child care provider name, address, and tax ID
- Any other tax-related documents received
- Form 1098 or other education-related documents
- · Bank account information for direct deposit
- · A copy of last year's tax return (if available)
- · All adults on return need to be present to sign.
- 1095-A form from the health insurance marketplace if you received insurance through the marketplace





February 4, 2018



From the Youth Corner:

The Youth Group will be selling <u>Mardi Gras masks</u> for those looking for a custom-made design. Youth Group members will have masks on display after the 8am and 9:15am masses on January 21 and February 4 in the vestibule.

Mardi Gras Fundraiser - Latest News!

The featured <u>Lip Sync Battle</u> for this year's Mardi Gras will be between Fr. Leonard from St. Monica and Fr. Bryan from St. Therese (and yes parishioners will be getting in on the action as well). Come out and support our own Fr. Bryan, encourage Fr. Leonard and check out the other great entertainment that will be a part of your fabulous evening. Laissez les bons temps rouler!" "Let the good times roll!" Tickets will be sold after Mass and can also be purchased online at https://www.stlfkc.org/. If you're not able to attend or you would just like to donate to this, our major fundraiser of the year, you can do so at https://www.stlfkc.org/give on the Mardi Gras entry.



5th Sunday in Ordinary Time

A retreat using the Sunday Scripture readings of Lent

Led by Cele Breen, SCL and Denise Simeone

Sat Feb 24: Registration and refreshments - 9:00am Retreat: 9:30am-12:30pm

> St. Patrick Catholic Church 1401 NE 42nd Terrace Kansas City, MO 64116

People of all faiths are welcome.

Pre-registration is helpful and walk-ins are welcome.

Suggested fee: \$15, but donate whatever is possible, pay at the door. Bring a friend who has never attended one of our retreats for free.

Denisesimeone@hotmail.com or text/call 816.686.3612

Your ways, O Lord, are love and truth to those who keep your covenant.

Psalm 25:10 1st Sunday of Lent



Art by Mark Bartholomew - 1st Sunday of Lent www.CelebrationPublications.org

Senior Center Menu		
Monday 2-5	Tuesday 2-6	
Beef-mac/Casserole	Chicken &Noodles	
Scandnav-veg	Cauliflowr/Red ppr	
Vanilla Wafer/Ban Pudding	Salad/tom/car	
Pears	Orange	
Wheat Bread	White Whl Grain Bread	
1% Milk	1% Milk	
Margarine Lite	Margarine Lite	
	Salad Dressing 1000	
Wednesday 2-7	Thursday 2-8	
Mexican Taco Salad	Pepper Steak	
Shredded Cheddar	StirFry Veggies	
Lettuce/DTomatoes	Beets Pickled Cold	
Mexicali Mix	Mandarin Oranges	
Orange	MultiGrain Bread	
Nacho Light Chips	Rice	
1% Milk	1% Milk	
Margarine Lite	Margarine Lite	
Taco Sauce		
Friday 2-9	Daily Lunch Hours	
Chicken Parmesan	11:30 am to 1 pm	
Fett Ndls (whl grn)	Over 60 yrs. –donation	
Antigua Blend	All others \$5.75	
Salad/tom/car	Reservation at Sign-In Table	
Banana	1 day in advance	
White Whl Grain Bread 1% Milk	Thank You	
Margarine Lite	St. Therese Senior Center	
Salad Dressing French	444-3514	
Jaiau Diessilig Fielicii		
	Don Bosco 691-2900	

Everybody Needs to Forgive Somebody Led by Fr. Ron Will, C.PP.S

Join us for a 6 week discussion series based on the book: Everybody Needs to Forgive Somebody by Allen Hunt Tuesday evenings, Feb 13, 20, 27, March 6, 13, 27

6:00 Simple Supper; 6:45pm Discussion begins
Suggested Donation \$15 (includes book) plus free
will offering for soup supper. Scholarship funds
available.

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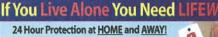
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